

We prepare and cook all our food daily on site, providing healthy and nutritious meals using locally sourced food. Our eggs are cage-free, our meat meets UK Welfare Standards and all meals are free from undesirable food additives and hydrogenated fats. Our Catering Team are also able to provide for special diets on medical or religious grounds and are very experienced at doing so.



Every day we serve freshly made salad with lettuce, tomatoes, cucumber, carrots, celery coleslaw and pasta (1, 2, 4, 7)

The children are invited to choose any of the above as their main meal or to go with their main choice from the daily menu

We also bake fresh breads every day! This gives the children the option to make their own sandwiches from our salad bar and bakery



Under the Food Information Regulation the Academy is required to provide information about the allergenic ingredients used in any food that the Academy provides. There are 14 major allergens which need to be mentioned when they are used as ingredients in a food. We have included a separate leaflet indicating what those allergens are and some examples of where they can be found. The allergens are listed by Numbers - Number 1 to 14. For your information, we have indicated to the right of each rolling week menu what allergens may be found in the food provided on that day.



We serve an 'eat well plate' every day!

## Universal Free School Meals at Treance Learning Academy



## Menu



**Treance catering team  
3-week rolling menu  
Autumn Term 2025**

**Our daily menu  
incorporates a range  
of scrumptious  
options from  
Treance Salad Bar  
and Bakery  
Enjoy our Menu!**

**Week 1: 4th Sept, 22nd Sept, 13th Oct, 10th Nov, 1st Dec.**

	Allergens
<b><u>MONDAY</u></b>	
Main Meal	
Basil & Tomato Pasta	2
Served with	
Garlic Bread, Cheese	4, 7, 2
Seasonal Vegetables - Salad Bar	
Pudding	
Fresh Fruit	7
Yoghurt	
<b><u>TUESDAY</u></b>	
Main Meal	
Homemade Cheese & Tomato Pizza	2, 7
Served with	
Chips, Seasonal Vegetables	2, 4, 7
Salad Bar	
Pudding	
Chocolate Orange Sponge	2, 4, 7
Fresh Fruit	
<b><u>WEDNESDAY</u></b>	
Main Meal	
<b>Roast of the Day or Vegetable Roast</b>	
Served with	
Creamed Potatoes, Roast Potatoes, Cauliflower	7, 2, 9
Cheese, Seasonal Veg & Gravy	
Pudding	
Ice cream & Wafer - Fresh Fruit	7, 2
<b><u>THURSDAY</u></b>	
Main Meal	
Chicken or Vegetable Korma	7
Served with	
Basmati Rice & Naans	2
Seasonal Vegetables - Salad Bar	7
Pudding	
Jam & Coconut Slice	2, 7
Fresh Fruit	
<b><u>FRIDAY</u></b>	
Main Meal	
Oven Baked Battered Fish or	2, 5
Vegetable Quiche	2, 4, 7,
Served with	
Fries, Seasonal Vegetables	2, 4, 7
Salad Bar	
Pudding	
Fruit Jelly	
Fresh Fruit	

*Homemade Wholemeal Bread served daily***Week 2: 8th Sept, 29th Sept, 20th Oct, 17th Nov, 8th Dec.**

	Allergens
<b><u>MONDAY</u></b>	
Main Meal	
Spaghetti Bolognese or Vegetable Bolognese	2
Served with	
Garlic Bread	2, 7
Seasonal Vegetables - Salad Bar	2, 4, 7
Pudding	
Fresh Fruit—Yoghurt	7
<b><u>TUESDAY</u></b>	
Main Meal	
Beef or Vegetarian Burger	2
Served with	
Savory Rice	2, 4, 7
Seasonal Vegetables - Salad Bar	
Pudding	
Apple Crumble & Custard—Fresh Fruit	2, 7
<b><u>WEDNESDAY</u></b>	
Main Meal	
<b>Roast of the Day or Vegetable Roast</b>	
Served with	
Creamed Potatoes, Roast Potatoes, Cauliflower	7, 2, 9
Cheese, Seasonal Veg & Gravy	
Pudding	
Ice cream & Wafer - Fresh Fruit	7, 2
<b><u>THURSDAY</u></b>	
Main Meal	
Chicken & Ham Pie or Vegetable Pie	2, 4, 7, 9
Served with	
New Potatoes	
Seasonal Vegetables - Salad Bar	2, 4, 7
Pudding	
Fruit Jelly, Fresh Fruit	
<b><u>FRIDAY</u></b>	
Main Meal	
Oven Baked Battered Fish or	2, 5
Vegetable Quiche	2, 4, 7
Served with	
Fries, Seasonal Vegetables	2, 4, 7
Salad Bar	
Pudding	
Oat Biscuit & Fresh Fruit	2

*Homemade Wholemeal Bread served daily***Week 3: 15th Sept, 6th Oct, 4th Nov, 24th Nov, 15th Dec.**

	Allergens
<b><u>MONDAY</u></b>	
Main Meal	
Vegetable Pasta Bake	2
Served with	
Garlic Bread	2, 4, 7
Seasonal Vegetables, Salad Bar	
Pudding	
Yoghurt	7
Fresh Fruit	
<b><u>TUESDAY</u></b>	
Main Meal	
Sausage or Vegetarian Sausage	2
Served with	
Chips, beans	2, 4, 7
Seasonal Vegetables - Salad Bar	
Pudding	
Lemon Drizzle Cake	2, 4, 7
Fresh Fruit	
<b><u>WEDNESDAY</u></b>	
Main Meal	
<b>Roast of the Day or Vegetable Roast</b>	
Served with	
Creamed Potatoes, Roast Potatoes, Cauliflower	7, 2, 9
Cheese, Seasonal Veg & Gravy	
Pudding	
Ice cream & Wafer - Fresh Fruit	7, 2
<b><u>THURSDAY</u></b>	
Main Meal	
Chicken & Chorizo Ragu	
Served with	
Rice	
Seasonal Vegetables - Salad Bar	2, 7, 9
Pudding	
Apple Flapjack	2
Fresh Fruit	
<b><u>FRIDAY</u></b>	
Main Meal	
Fish or Vegetarian Fingers	2, 5
Served with	
Floured Bun, & Rainbow Pasta Salad	2, 4, 7
Coleslaw, Salad Bar	
Pudding	
Trenance Biscuit	2, 7
Fresh Fruit	

*Homemade Wholemeal Bread served daily*