

We prepare and cook all our food daily on site, providing healthy and nutritious meals using locally sourced food. Our eggs are cage-free, our meat meets UK Welfare Standards and all meals are free from undesirable food additives and hydrogenated fats. Our Catering Team are also able to provide for special diets on medical or religious grounds and are very experienced at doing so.

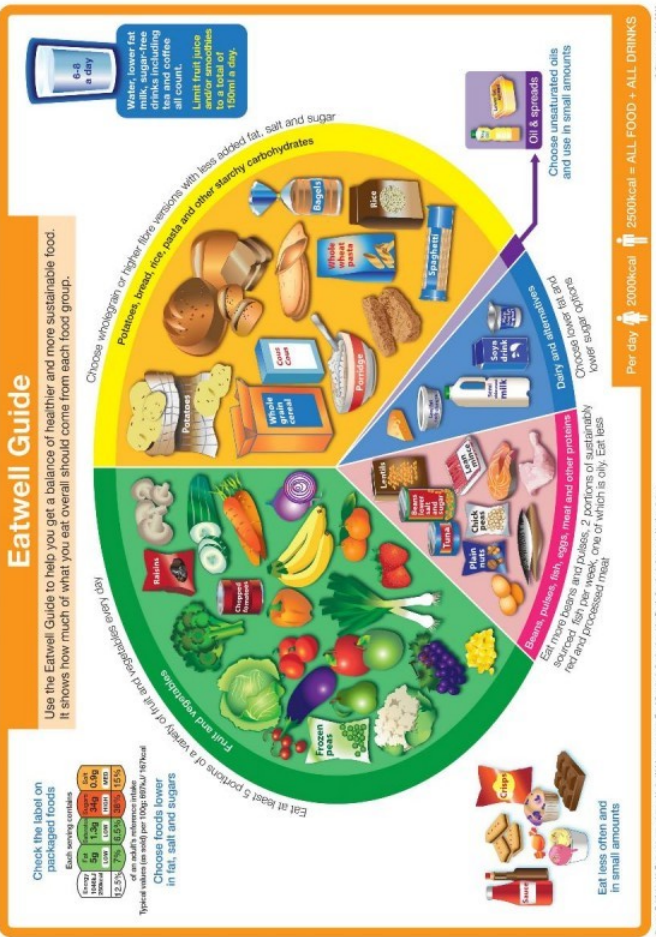


Every day we serve freshly made salad with lettuce, tomatoes, cucumber, carrots, celery coleslaw and pasta (1, 2, 4, 7)

The children are invited to choose any of the above as their main meal or to go with their main choice from the daily menu

We also bake fresh breads every day! This gives the children the option to make their own sandwiches from our salad bar and bakery

Under the Food Information Regulation the Academy is required to provide information about the allergenic ingredients used in any food that the Academy provides. There are 14 major allergens which need to be mentioned when they are used as ingredients in a food. We have included a separate leaflet indicating what those allergens are and some examples of where they can be found. The allergens are listed by Numbers - Number 1 to 14. For your information, we have indicated to the right of each rolling week menu what allergens may be found in the food provided on that day.



We serve an 'eat well plate' every day!



Universal Free School Meals at Trenance Learning Academy



Menu



Trenance catering team
3-week rolling menu
Spring Term 2025

Our daily menu incorporates a range of scrumptious options from Trenance Salad Bar and Bakery. Enjoy our Menu!

Week 1: 25th Feb, 17th March

	Allergens
MONDAY	
Main Meal	
Broccoli & Tomato Pasta	2
Served with	
Garlic Bread, Cheese	4, 7, 2
Seasonal Vegetables - Salad Bar	2, 4, 7
Pudding	
Fresh Fruit	7
Yoghurt	7
TUESDAY	
Main Meal	
Cheese & Onion Slice	2, 7
Served with	
New potatoes, Beans, Seasonal Vegetables	2, 4, 7
Salad Bar	
Pudding	
Raspberry Cake	2, 7
Fresh Fruit	
WEDNESDAY	
Main Meal	
Roast of the Day or Vegetable Roast	
Served with	
Creamed Potatoes, Roast Potatoes, Cauliflower	7, 2, 9
Cheese, Seasonal Veg & Gravy	
Pudding	
Ice cream - Fresh Fruit	7
THURSDAY	
Main Meal	
Chicken or Vegetable Curry	7
Served with	
Basmati Rice & Naans	2
Seasonal Vegetables - Salad Bar	7
Pudding	
Fruit Jelly	
Fresh Fruit	
FRIDAY	
Main Meal	
Oven Baked Battered Fish or	2, 5
Vegetable Quiche	2, 4, 7,
Served with	
Fries, Seasonal Vegetables	2, 4, 7
Salad Bar	
Pudding	
Trenance Biscuit	2, 7
Fresh Fruit	

*Homemade Wholemeal Bread served daily***Week 2: 3rd March, 24th March,**

	Allergens
MONDAY	
Main Meal	
Spaghetti Bolognese or Vegi Bolognese	2
Served with	
Garlic Bread	2, 7
Seasonal Vegetables - Salad Bar	2, 4, 7
Pudding	
Fresh Fruit—Yoghurt	7
TUESDAY	
Main Meal	
Sausage or Vegi Sausage	
Served with	
Mash, baked beans	2, 4, 7
Seasonal Vegetables - Salad Bar	
Pudding	
Chocolate Muffin Cake	2, 4, 7
WEDNESDAY	
Main Meal	
Cottage Pie or Vegetable Pie	7, 2, 9
Served with	
Seasonal Vegetables	
Pudding	
Ice Cream - Fresh Fruit	7
THURSDAY	
Main Meal	
Chicken or Vegi Fajita	2
Served with	
Wraps, rice	2
Seasonal Vegetables - Salad Bar	2, 4, 7
Pudding	
Summer Fruit Crumble & Ice cream	2, 7
Fresh Fruit	
FRIDAY	
Main Meal	
Oven Baked Battered Fish or	2, 5
Vegetable Quiche	
Served with	
Fries, Seasonal Vegetables	2, 4, 7
Salad Bar	
Pudding	
Oat Biscuit & Fresh Fruit	2, 7

*Homemade Wholemeal Bread served daily***Week 3: 10th March, 31st March**

	Allergens
MONDAY	
Main Meal	
Beef Chilli or Veg Chilli	2
Served with	
Rice, Nachos	2, 4, 7
Seasonal Vegetables, Salad Bar	
Pudding	
Yoghurt	7
Fresh Fruit	
TUESDAY	
Main Meal	
Homemade Cheese & Tomato Pizza	2, 7
Served with	
Chips	2, 4, 7
Seasonal Vegetables - Salad Bar	
Pudding	
Jelly	
Fresh Fruit	
WEDNESDAY	
Main Meal	
Roast of the Day or Vegetable Roast	
Served with	
Creamed Potatoes, Roast Potatoes, Cauliflower	7, 2, 9
Cheese, Seasonal Veg & Gravy	
Pudding	
Ice cream - Fresh Fruit	7
THURSDAY	
Main Meal	
Jamaican Beef Curry or Vegetable Curry	
Served with	
Rice & Naans	2, 4, 7
Seasonal Vegetables - Salad Bar	
Pudding	
Blueberry Sponge Cake	2, 4, 7
Fresh Fruit	
FRIDAY	
Main Meal	
Fish or Veg Fingers	2, 5
Served with	
Floured Bun, & Rainbow Pasta Salad	2, 4, 7
Coleslaw, Salad Bar	
Pudding	
Trenance Biscuits	2, 7

Homemade Wholemeal Bread served daily